

For Immediate Release

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### **Great Bay Masters Hosts Swim Meet**

Great Bay Masters Swim Team recently hosted a meet at the Jenny Thompson outdoor pool in Dover. The team, under the direction of meet director, Marc Scheele, organized the entire meet and provided a barbeque for all swimmers at the conclusion of the meet.

Over 80 swimmers from Masters teams throughout New England took place in the long course meter event and the Great Bay Masters team took second place overall with swimmers scoring 1,575 points. Great Bay masters woman took first place among all female competitors. Led by high team scorers, Jana Slezak and Anne Zwart, many swimmers competed in new events and beat their personal best times. Other top scorers included Julia Malloy, Rebecca Maloney, Nancy Tunstall, Patti Delgrosso, Kelly Glennon, Masi Dennison, Kaitlyn Ament and Mary Susan Smith. Many swimmers including Melissa Snow and Terri Anne Chambers competed for the first time and clocked great times.

Great Bay Masters men also swam well taking third place. Led by high team scorers Phil Read and Ed Gendreau, the men swam especially well in the 50-meter, 100-meter and 200-meter freestyle and the 100-meter and 200-meter breaststroke. In addition to Read and Gendreau, other top scorers included Paul Griffin, Stephen Smith, Scott Laurer, Kirk Larsen, Jeremy Drake and Kevin Whitney.

Masters swimming is for adults 18 and over. Swimmers should be able to swim one full continuous lap of the pool while being open to learning new strokes, improving technique and building endurance. The mission of the group is to develop strength and fitness through swimming, improve stroke technique and become a more efficient swimmer, regularly swim a variety of workouts carefully designed to work all your energy systems and simply enjoy the camaraderie of a fun group of people. For more information about the group, visit [www.greatbaymasters.org](http://www.greatbaymasters.org) or contact Ed Gendreau at [Ed@greatbaymasters.org](mailto:Ed@greatbaymasters.org).